

Yin-Yang of Self-Discovery
Life-long journey

Yin
Passive, Receptive
Listen to Yourself

Yang
Active, Creative
Stretch Yourself

KoRe

Listen To Yourself

The most important and exciting news are not in the outside world, they are inside yourself.

The first step to discovering your true self is cleaning yourself of your ego. Get rid of all your attitudes and thoughts that are not nurtured by love to discover your divine self.

You must stop thinking if you wish to discover your higher self. Close your eyes, quiet your mind and listen to the music in your soul to get kinder, wiser and discover your true self.

Stretch Yourself

Stretch Yourself! Set stretch goals and do something impossible to discover your inner power and spread your wings!

Dare to achieve something impossible! If you really want something, you'll find amazing ways to achieve it – and you will keep discovering yourself as you go.

In every challenging situation rely on nothing but a miracle – on your all-mighty self!

The bigger the challenge you address, the bigger your awakening. Stretch your imagination and efforts, and they will stretch your capabilities and achievements beyond imagination.

And remember that every journey should lead to new spiritual heights.