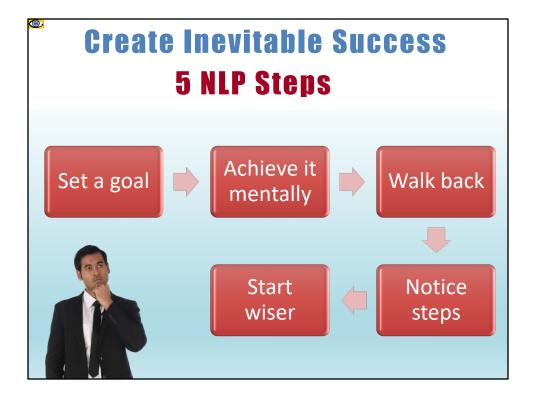
PERSONAL SUCCESS 360 Vadim Kotelnikov



Creating Inevitable Success: 5 NLP Steps

- 1. Appreciate your goal, pay attention to how attractive that goal is, make it as compelling as possible
- Set your brain on the path toward achieving your goal so that it's working on it all day long – traveling the actual path will then become much easier
- 3. Vividly imagine that you have already achieved your goal, then walk back and examine the pathway toward your goal
- 4. Notice specific steps on the pathway you took to get there, including all those different elements the resources, the abilities, the actions, and the people that led, step-by-step, toward your goal
- 5. Go back to the present with a new appreciation for the steps on the path to your goal

Example: Getting the Best out of Students

To get the best out of his students, Benjamin Zander, a celebrated music teacher, on the first day of class tells his first-year students that they all get an A. There is only one condition. Their first assignment is to write a letter to him – dated on the last day of class - explaining why they deserved the highest grade. This dramatic role reversal is a great confidence builder for his students. Students invariably knock themselves out for that A because they do more to earn their own personal A than they would ever do for the traditional A given by a teacher.

success360.com | kotelnikov.biz